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PsychologyToday Profile Elements Checklist

- 1. A professionally shot head-shot photo. You must spend money on this and do it.
- 2. Simple writing without loads of jargon.
- 3. You have the pop therapy buzzwords in your profile.
- 4. Peer review your written statement. You must ask a colleague who knows you to take a look, they will fill in gaps and help you find an authentic balance between inviting them to do therapy with you and speaking to their story.
- 5. Link to your website.
- 6. Provide your phone number everywhere you can.
- 7. If you have testimonials, anonymous or not, share them in quotations.
- 8. If you have other provider/physician referrals and testimonials, share them in quotations.
- 9. Credentials and license number provided in the body of the text.
- 10.5 Major specialties.
- 11. Add your phone number in there again.
- 12. Setting clear contact expectations -- when you will be available to respond and how they can contact you.



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- 13. Tell them they can text you. Respond to texts and setup appointments to chat on the phone.
- 14. Direct them to your website to learn more about you (if you have one, which you can very quickly).
- 15. Always ask people how they found you and write it down.
- 16. Test your copy every month.
- 17. Measure, determine if the change is increasing your "new inquiries / profile views" ratio, if it is, keep it, if not discard it!