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CPT Cheatsheet

The most common CPT Codes used by therapists:

Diagnostics:

- 90791 - Psychiatric Diagnostic Evaluation (*usually just one/client is covered*)
- 90792 - Psychiatric Diagnostic Evaluation with medical services (*usually just one/client is covered*)

Therapy:

- 90832 - Psychotherapy, 30 minutes (*16-37 minutes*).
- 90834 - Psychotherapy, 45 minutes (*38-52 minutes*).
- 90837 - Psychotherapy, 60 minutes (*53 minutes and over*).
- 90846 - Family or couples psychotherapy, without patient present.
- 90847 - Family or couples psychotherapy, with patient present.
- 90853 - Group Psychotherapy (*not family*).

Crisis:

- 90839 - Psychotherapy for crisis, 60 minutes (*30-74 minutes*).
- +90840 - Add-on code for an additional 30 minutes (*75 minutes and over*). Used in conjunction with 90839.

Other:

- +90785 - Interactive Complexity add-on code. Covered below.

There are also E/M (evaluation & management) in conjunction with psychotherapy, used by authorized prescribers. Coding E/M is trickier, harder to document and more vulnerable to audit but usually results in greater reimbursement. There's also a series of E/M codes that are used without the psychotherapy component. For more in-depth coverage on E/M coding for psychotherapy there are some good [free webinars](#) released by AACAP on E/M CPT Codes.

- +90833 - E/M code for 30 minutes of psychiatry (*used with 90832*).
- +90836 - E/M code for 45 minutes of psychiatry (*used with 90834*).
- +90838 - E/M code for 60 minutes of psychotherapy (*used with 90837*).

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Key Points

- Psychotherapy must be at least 16 minutes.
- Time is very important and should be rounded to the nearest CPT Code.
- Outpatient vs. Inpatient is not important.
- E/M codes can only be used by prescribers (MD, DO, APN, PA).