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CPT Cheatsheet

The most common CPT Codes used by therapists in 2025:

Diagnostics:

- 90791 - Psychiatric Diagnostic Evaluation (*usually just one/client is covered*)

Therapy:

- 90832 - Psychotherapy, 30 minutes (*16-37 minutes*).
- 90834 - Psychotherapy, 45 minutes (*38-52 minutes*).
- 90837 - Psychotherapy, 60 minutes (*53 minutes and over*)
- 90846 - Family or couples psychotherapy, without patient present.
- 90847 - Family or couples psychotherapy, with patient present.
- 90853 - Group Psychotherapy (*not family*).

Crisis:

- 90839 - Psychotherapy for crisis, 60 minutes (*30-74 minutes*).
- +90840 - Add-on code for an additional 30 minutes (*75 minutes and over*). Used in conjunction with 90839.